In an emergency, call the Police on 999 If you need to speak with someone urgently, call Samaritans on 116 123 (free from any phone)

Chapter Safeguarding Adviser: Dee Cooley

Ext dir line: 01904 559542; Int extn: 5420 Mobile: 07843339980 Email: <u>deec@yorkminster.org</u> Available to listen and assist with finding the right ongoing support for you. This is not counselling, and there are limits to confidentiality.



Canon Pastor: Michael Smith

Ext dir line: 01904 557211; Int extn: 2110 Mobile: 07551 153 464 Email: <u>michaels@yorkminster.org</u> Available to provide pastoral support, and to listen. This is not counselling, and there are limits to confidentiality.

Duty Chaplain (daily, 10-4pm) Contact via: Vergers Ext dir line: 01904 557221 Email: vergers@yorkminster.org Or Minster Police Ext dir line: 01904 557222

Int extn: 2220 Email: police@yorkminster.org

You can come in person to Church House, 10-14 Ogleforth, YORK, YO1 7JN, Mon-Fri, 9-4.30; OR, York Minster Police cabin, Minster Yard, 24 hours, every day. Use the intercom outside the car park gate.

Listening and Support Services

for victims and survivors of abuse, including within Church contexts

Compliant with: House of Bishops (2017) Practice Guidance: Responding to, assessing and managing safeguarding concerns or allegations against church officers

Church based and wider community services for those who are in need of support or counselling

Safe Spaces

Safe Spaces is a free and independent support service, providing a confidential, personal and safe space for anyone who has been abused through their relationship with either the Church of England, the Catholic Church of England and Wales or the Church in Wales.

Victim Support have been commissioned to run this national service, providing remote support through our helpline, live chat service and website, for as long as the survivor needs. If face-to-face support is also required, contact and referrals will be made with appropriate local organisations depending on need.

For further information:

Website: <u>https://www.safespacesenglandandwales.org.uk/</u> Tel: 0300 303 1056 (answerphone available outside of opening times) Email: <u>safespaces@victimsupport.org.uk</u>

Church of England Support Persons

House of Bishops (2017) Practice Guidance: Responding to, assessing and managing safeguarding concerns or allegations against church officers, states: "A support person will be offered to all victims/survivors (of abuse). This could be an Authorised Listeners (primarily sexual abuse) or a Bishop's Visitor (domestic abuse)"

The Church of England is aware that those who have suffered abuse may value and be strengthened by the opportunity to speak in depth and in confidence*(within limits) to a sensitive listener.

For details of local support persons, or any questions about the role, contact Dee Cooley or Canon Michael Smith (see back page).

Other local sources of support

Local private Counselling

There are a number of private counsellors who can provide services to victims and survivors of abuse, including sexual abuse and domestic abuse.

Contact Dee Cooley (see back page) for further details

Local counselling organisations

<u>1-2-1 COUNSELLING YORK</u> – independent, voluntary counselling service Tel: 07587 155678 Website: <u>www.121counsellingyork.org</u>

<u>THE TUKE CENTRE</u> 28 Green Dykes Lane, **York**, YO10 3HH 01904 430370 <u>www.thetukecentre.org.uk</u> - a wide range of counselling and therapy services for couples, groups and individuals.

<u>SPURRIERGATE CENTRE</u>, **York**- free listening and counselling (donation toward running costs) for those with any faith or none Tel: 01904 629393 Website: www.thespurriergatecentre.com –

<u>HOLY ROOD HOUSE</u>, **Thirsk** -- low cost counselling and therapy Tel: 01845 522580 Website: <u>www.holyroodhouse.org.uk</u>

Local specialist services

<u>SURVIVE</u> – counselling for adult survivors of child sexual abuse Tel: 01904 638813 Website: <u>www.survive-northyorks.org.uk</u>

<u>INDEPENDENT DOMESTIC ABUSE SERVICES (IDAS)</u> – support for victims and survivors of domestic abuse Tel: 03000 110 110 Website: <u>www.idas.org.uk</u>