

TOWER TRIP INFORMATION

**PLEASE READ BEFORE PURCHASING
NO REFUNDS ARE GIVEN**

The Tower Trip is a challenging climb up 275 uneven, narrow, spiralling medieval steps to the top of York Minster's Central Tower. It takes about ten minutes to climb the Tower.

You must be fit and healthy to climb the Tower.

Trips are **not suitable** for persons who:

Are under 8 years old (those between 8-18 **must** be accompanied by an adult)

Have breathing problems (including asthma)

Have heart problems or high blood-pressure

Have had recent surgery or illness

Are pregnant

Are not comfortable with heights or tight spaces—the Tower is 60m (200') high, and the stairway narrows to 61cm (24") wide.

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